

McLeod Counseling, PLLC
3045 East Henrietta Rd.
E. Henrietta, NY 14467
Phone: 585-967-9700 (call or text)

Drug and/or Alcohol Assessment Checklist

Please bring the following to your appointment:

- ✓ **Intake *and* consent for release paperwork:** This can be found on my website at **anitamcleodcounseling.com** under the “resources” tab, forms, OASAS assessment forms. You do not have to complete the section stating your goals for therapy. The consent needs to have the name of your attorney so he/she and I can collaborate regarding your case. **Please write the last 4 digits of your social security number on the top of the intake form as well as your upcoming court date if you know it.**

- ✓ **The abstract of your driving record**
(If you do not already have a copy of this, go to dmv.ny.gov or call your attorney for a copy)

- ✓ **A copy of the official documentation of your violation**
(the copy of your arrest or incident report AND traffic ticket; call the police in the county of your charges or your attorney for a copy if you do not have this)

- ✓ **Your Driver’s license number**

- ✓ **Collateral contact info: The names and numbers of 2 people who know you well that can give me a history of your drug or alcohol use behaviors (this is mandated per NY state)**

✓ **The screenings I have emailed to you prior to your appointment. Please make sure these are all COMPLETED prior to your appointment.**

✓ **My preference for payment is cash or check, however you can also use a credit card or health savings account card if needed.**

❖ **You will also need to have a urine drug and alcohol screening prior to your appointment with me or within 48 hours after your appointment with me. If you have done this prior to seeing me, the lab will email me your results.**

✓ **PLEASE GO TO THE FOLLOWING LOCATION TO HAVE YOUR URINE DRUG AND ALCOHOL TEST. TO AVOID HAVING TO GO BACK TO THE LAB TO BE TESTED AGAIN ASK FOR THE FOLLOWING:**

- ❖ 5 panel urine drug screen
- ❖ An initial test for the use of alcohol –(Etg: urine test)

Rochester Regional Health (stand-alone building) Go to the 2nd. floor and the office will be called “work-ready.”

2701 Culver Rd.

Rochester, NY 14621

585-922-4173

- *You will need to call the lab to make an appointment. All fees/charges are your responsibility. The lab does not accept cash.*
- *Breath and/or blood tests will not be accepted due to NY state requirements. Please be sure to ask for the appropriate URINE screen as detailed above.*
- *TO ENSURE YOU DO NOT GIVE A DILUTED SAMPLE, LIMIT FLUIDS AFTER MIDNIGHT THE DAY PRIOR TO YOUR TEST. DO NOT DRINK OVER 40 OUNCES OF FLUID BEFORE YOUR YOU GIVE YOUR URINE SAMPLE. THIS IS A GENERAL*

GUIDELINE. IF YOU HAVE ANY QUESTIONS PERTAINING TO THIS, PLEASE CALL THE LAB DIRECTLY.